

News

Got some news for us? If you are a north London based group or organisation whose services or products are for families of young children, we'd love to hear from you. Send press releases and pictures to: news@familiesnorth.com

QUALITY MEALS ON THE MENU IN CAMDEN SCHOOLS



Fresh food, good quality ingredients and healthy meals are on the menu for Camden pupils following the award of the council's new school catering contract in January.

Awarded to Caterlink Ltd, the new contract sets out how the council will improve the quality of its school meals.

Under the new contract, the council will significantly increase its spending on food costs in primary school pupils' meals from 60p per head to 70p, while spending on food costs in secondary school meals will rise from 69p to 87p. The contract represents an investment of more than £2 million in the school meal service over the next four years. The extra cash will ensure healthier meals with less fat, sugar and salt.

Caterlink Ltd was chosen because they were judged to offer a 'varied, imaginative, child-friendly menu' with organic options and healthy choices. The new menu will be served up in the schools from April.

STYLISH KIDS

An exciting new website offers fashion-conscious parents and children the chance to browse through a fabulous wardrobe of smart clothes. Their summer range includes designs by Nolita Pocket and Rare. For bedtime, Turquaz, a fair trade company, offers a cuddly collection of pyjamas, nightdresses and dressing gowns.

This cute flowered T-shirt costs from £35 and the trousers are from £50. Browse the full spring/summer range on www.lestroisenfants.com



Stylish outfits from: www.lestroisenfants.com

CHILDREN'S HOSPITAL SEEKS YOUR VIEWS Great Ormond Street, Britain's best known children's hospital is launching a consultation on new plans to get families more involved in the way the hospital is run. It starts on 27th February and runs for 12 weeks. There is information for grown-ups on www.gosh.nhs.uk/foundation and for children and young people on www.talk2gosh.nhs.uk The hospital would love to hear from you, particularly if your family has had to use their services in recent years. Phone Louise on 020 7829 8671 or email her on foundation@gosh.nhs.uk

LITTLE STEPS...

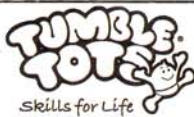
...to big results. There is to be a new branch of Little Steps Gym for babies, toddlers and young children in Whetstone. The classes feature

structured exercises that encourage balance and co-ordination.

For further information, contact Anna Costara at 0203 231 4075 or

whetstone@stepsgym.com

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The good news is: you've had a baby!

The bad news is: you've got no space!
But help is at hand.....



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